

March: Fort Plain Jr/Sr High School



7-12 Breakfast & Lunch

Daily Breakfast Includes: Fruit, Juice & Milk * Alternate Breakfasts: Yogurt or Cereal with Graham Crackers

Daily Lunch Includes: Fruit Choice & Milk * Build-Your-Own-Lunch at the Fresh Bar(salads, sandwiches, yogurt, hummus)

0000

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Bk: Bagel Bar	Bk: FT Stix & Links	Bk: Breakfast Pizza	Bk: WG Funnel Cake	Bk: BEC Croissant Sand.
Pizza	Teriyaki Chicken	Bacon Cheeseburger	Baked Rotini w/Cheese	Assorted Subs
Cheez-It Crackers	Lo Mein Noodles	Baked Chips	Cheese Breadstick	Tomato Soup
Corn, Fruit	Oriental Blend, Fruit	Baked Beans, Fruit	Tossed Salad, Fruit	Baby Carrots, Fruit
9	10	11	12	13
Bk: Cereal/Muffin Top	Bk: Pancakes & Links	Bk: Croissant & Omelet	Bk: Assorted Muffins	Bk: SEC Biscuit Sand.
French Toast Sticks	Chicken Nuggets	Meatball Sub	"FP-Fil-A" Ckn Sandwich	Turkey Club
Egg Patty	Dinner Roll	Sunchips	Parmesan Pasta	Goldfish
Tater Tots, Fruit	Cooked Carrots, Fruit	Broccoli, Fruit	Baby Carrots, Fruit	Vegetable Soup, Fruit
16	17	18	19	20
Bk: Bagel Bar	Bk: Waffle Stix/Links	SUPERINTENDENT'S	Bk: Breakfast Bread	Bk: Pizza Bagels
Chicken Tenders	Pizza Crunches	CONFERENCE DAY	Chicken Parmesan	Hot Dog on a Bun
Biscuit	Garlic Knot	SCHOOL CLOSED	Bowties w/Marinara	Corn Chips w/cheese
Peas, Fruit	Italian Gr Beans, Fruit		Tossed Salad, Fruit	BBQ Beans, Fruit
23	24	25	26	27
Bk: Cereal&Granola Bar	Bk: FT Stix & Links	Bk:PancakeStick/Tornado	Bk: WG Funnel Cake	Bk: BEC Bagel
Macaroni & Cheese	Tacos	Cheeseburger	Chicken Alfredo	Pizza
Broccoli	Fiesta Rice	French Fries	Dinner Roll	Baked Chips
Fruit, Ice Cream Cup	Veggie Beans, Fruit	Corn, Fruit	Green Beans, Fruit	Broccoli, Fruit
30	31	April 1	April 2	April 3
Bk: Cereal/Muffin Top	Bk: Pancakes & Eggs	Bk: Breakfast Pizza	Bk: Assorted Muffins	SCHOOL CLOSED
Popcorn Chicken	Turkey with Gravy	Ziti with Meatballs	Tuna or PB&J Sandwich	SPRING BREAK
Dinner Roll	Mashed Potatoes	Broccoli	Cheese-It Crackers	
Cooked Carrots, Fruit	Peas, Fruit	Fruit, Pound Cake	Potluck Veggies, Fruit	

