

February: FP Jr/Sr High School



7-12 Breakfast & Lunch

Daily Breakfast Includes: Fruit, Juice & Milk * Alternate Breakfasts: Yogurt or Cereal with Graham Crackers
 Daily Lunch Includes: Fruit Choice & Milk * Alternate Fresh Bar: Sandwiches, Yoghurts, Chef Salad, Hummus etc

oooo

Monday	Tuesday	Wednesday	Thursday	Friday
2 Bk: Breakfast Pizza Chicken Nuggets Dinner Roll Cooked Carrots, Fruit	3 Bk: French Toast Stix Loaded Nachos Baked Beans Fruit & Cookie	4 Bk: Omelet & Sausage Bacon Cheeseburger Tater Tots Peas, Fruit	5 Bk: Assorted Muffins Lasagna Roll-ups Garlic Knot Broccoli, Fruit	6 Bk: BEC Croissant Sand. Ham or Turkey Wraps Chicken Noodle Soup Baby Carrots, Fruit
9 Bk: Bagel Bar Chicken Tenders Cornbread Cooked Carrots, Fruit	10 Bk: Pancakes & Links Macaroni & Cheese Celery Sticks Fruit, Jello	11 Bk: Pizza Bagels McRib or Corn Dog Tomato Soup BBQ Beans, Fruit	12 Bk: WG Funnel Cake Chicken Parmesan Cheese Breadstick Tossed Salad, Fruit	13 Bk: SEC Biscuit Sand. Pizza Parmesan Pasta Peas, Fruit
16 SCHOOL CLOSED Winter Break	17 SCHOOL CLOSED Winter Break	18 SCHOOL CLOSED Winter Break	19 SCHOOL CLOSED Winter Break	20 SCHOOL CLOSED Winter Break
23 Bk: Cereal&Granola Bar Popcorn Chicken Vegetable Soup Baby Carrots, Fruit	24 Bk: Waffle Stix & Links Pizza Crunchers Breadstick Italian Green Beans,Fruit	25 Bk: Pancake Stick BBQ Cheeseburger Curly Fries Corn, Fruit	26 Bk: Breakfast Breads Rotini with Meatballs Broccoli Fruit & Ice Cream Cup	27 Bk: Omelet & Croissant Hot Dog on Bun Cheese Crackers Chili, Fruit

Menu subject to change without Notice

Low fat/fat free milk served at every meal

The USDA and this institution are equal opportunity employers and providers