

January: Jr/Sr High School






7-12 Breakfast & Lunch

*Daily Breakfast Includes: Fruit, Juice & Milk * Alternate Breakfasts: Yogurt or Cereal with Graham Crackers*

*Daily Lunch Includes: Fruit Choice & Milk * Alternate Lunches: PB&J Sandwich or Yogurt w/rolls*

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Monday	Tuesday	Wednesday	Thursday	Friday
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5 Bk: Cereal/Granola Bar Chicken Nuggets Cornbread Green Beans, Fruit	6 Bk: French Toast Sticks Ziti with Meatballs Dinner Roll Broccoli, Fruit	7 Bk: Breakfast Pizza Pizza Crackers & String Cheese Cooked Carrots, Fruit	8 Bk: Breakfast Bread Macaroni & Cheese Tossed Salad Fruit, Cake	9 Bk: Baked Funnel Cake Double Dogs Baked Chips Baked Beans, Fruit
12 Bk: Bagel Bar French Toast Sticks Egg Patty Hashbrown Tots, Fruit	13 Bk: Pancakes/Sausage Beef Fajitas Rice Pilaf BBQ Beans, Fruit	14 Bk: Omelet/Sausage Ham & Cheese Bagel Tomato Soup Baby Carrots, Fruit	15 Bk: Muffins Meatball Sub Sweet Potato Fries Broccoli, Fruit	16 Bk: Breakfast Sandwich Turkey Club Sandwich Chicken Noodle Soup Celery Sticks, Fruit
19 	20 Bk: Breakfast Pizza Bowties w/Marinara Pizza Breadstick Green Beans, Fruit	21 Bk: Pancake on a Stick Tuna or PBJ Sandwich Baked Chips Vegetable Soup, Fruit	22 Bk: Cereal/Muffin Top Cheeseburger Curly Fries Corn, Fruit	23 Bk: Yogurt/Granola Bar Lasagna Rollups w/sauce Broccoli Fruit & Jello w/cream
26 Bk: Bagel Bar Popcorn Chicken Dinner Roll Canned Carrots, Fruit	27 Bk: Waffle Stix/Links Taco Salad Fiesta Rice Vegetarian Beans, Fruit	28 Bk: Sandwich Sandwich French Bread Pizza Tossed Salad Fruit & Pudding	29 Bk: Breakfast Bread Chicken Patty on a Bun Rice Pilaf Peas, Fruit, Ice Cream	30 Bk: Baked Funnel Cake Turkey & Ham Subs Broccoli & Cheese Soup Celery Sticks, Fruit

