November: Fort Plain Jr/Sr High 7-12 Breakfast & Lunch



Daily Breakfast Includes: Fruit, Juice & Milk * Alternate Breakfasts: Yogurt or Cereal with Graham Crackers Daily Lunch Includes: Fruit Choice & Milk * Alternate Lunches: PB&J Sandwich or Yogurt w/rolls

Monday	Tuesday		Wednesday	Thursday	Friday
Monday	Tuesday		Wednesday	Thursday	rriaay
Thankful Hearts					
3	•	4	5	6	7
Bk:Cereal & Muffin Top	Bk: French Toast Sticks		Bk: Breakfast Pizza	Bk: WG Funnel Cake	Bk: Breakfast Sandwich
Popcorn Chicken	Pizza		Cheeseburger	Chken Bacon Ranch Wrap	Turkey Club
Biscuit	Sunchips		Baked Chips	Pasta Salad	Vegetable Soup
Cooked Carrots, Fruit	Peas, Fruit		BBQ Beans, Fruit	Tossed Salad, Fruit	Celery Sticks, Fruit
10	1	1	12	13	14
Conference Day	Veterans Day		Bk: Pancake on a Stick	Bk: Super Bread	Bk: Croissant & Omelet
School Closed	School Closed		Chicken Nuggets	Taco Salad	Grilled Cheese
			Dinner Roll	Fiesta Corn	Tomato Soup
			Broccoli, Fruit	Fruit, Cookie	Baby Carrots, Fruit
17	18	8	19	20	21
Bk: Bagel Bar	Bk: Pancakes & Sausage		Bk: Breakfast Pizza	Bk: Assorted Muffins	Bk: Breakfast Sandwich
Cheese Filled Breadstick	Chicken Patty on a Bun		Warm Ham& Cheese Bagel	Turkey w/gravy	Hot Dog on Bun
Pasta w/Marinara Sauce	French Fries		Rice Pilaf	Mashed Potatoes, Roll	Baked Chips
Italian Green Beans, Fruit	Corn, Fruit		Broccoli, Fruit	Squash, Cranberries	Vegetarian Beans, Fruit
24	2,	5	26	27	28
Bk: Cereal & Muffin Top	Bk: Waffle Dippers		Thanksgiving Break	Happy Thanksgiving!	Thanksgiving Break
Pizza	Chicken Nuggets		School Closed	School Closed	School Closed
Buttered Angel Hair Pasta	Garlic Breadstick				
Veggie Blend, Fruit	Cooked Carrots, Fruit				