December: Fort Plain Jr/Sr High School Grades 7-12 LUNCH



Daily Breakfast Includes: Fruit, Juice & Milk * Alternate Breakfasts: Yogurt or Cereal with Graham Crackers Don't want the menu lunch? Choose to build-your-own-lunch at our Fresh Bar instead!

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Bk: Cereal & Granola Bar	Bk: French Toast Sticks	Bk: Tornado/Pancake Stix	Bk: Assorted Muffins	Bk: Breakfast Sandwich
Buffalo Chicken Tenders	Cheeseburger	Chicken Patty on a Bun	Ziti with Meatballs	Turkey Club
Biscuit	SunChips, BBQ Beans	Chicken Noodle Soup	Tossed Salad, Fruit	Cheese Crackers
Peas, Fruit	Jello with Fruit	Cooked Carrots, Fruit	Assorted Pudding	Fresh Veggies, Fruit
8	9	10	11	12
Bk: Bagel Bar	Bk: Pancakes & Sausage	Bk: Breakfast Pizza	Bk: Breakfast Bread	Bk: Cereal & ½ Bagel
Pizza	Chicken Fajitas	BBQ Rib Sandwich	Breakfast Sandwich	Hot Dog on a Bun
Parmesan Pasta	Corn Chips	Gravy French Fries	Sweet Potato Tots	Southwestern Chili
Broccoli, Fruit	Vegetarian Beans, Fruit	Baby Carrots, Fruit	Yogurt, Fruit	Celery Sticks, Fruit
15	16	17	18	19
Bk: WG Funnel Cake	Bk: Waffle Stix/Sausage	Breakfast Pizza Bagel	Bk: Muffin Tops	Bk: Breakfast Sandwich
Popcorn Chicken	Taco Salad	Bacon Cheeseburger	Chicken Alfredo	Pizza
Garlic Breadstick	Fiesta Rice	Tomato Soup	Dinner Roll	SunChips
Cooked Carrots, Fruit	Corn/Bean Blend, Fruit	Broccoli, Fruit	Peas, Cookie	Green Beans, Fruit
Fresh Bar Includes: PBJ, Turkey Sandwich, Tuna Sandwich, Hummus Cups, Greek Yogurt, Assorted Grains, Raw Veggies, Fruit	23 Holiday Break	24	25	26
29	30	31	1	2
Holiday Break				