

Fort Plain Central School Junior-Senior High School Athletic Contract

I _____(print name) understand that I will be a member of a Fort Plain Central School (FPCS) athletic team representing my school, my coaches, the school administration, my community and myself.

I also understand that being on a team has a potential risk or possibility of injury, perhaps of a serious nature including permanent paralysis, and even death. I realize that any activity involving motion and/ height creates a potential hazardous situation. I assume the risk of serious injury in the use of physical education or athletic equipment and in physical education or athletic activities. The risk can be significantly reduced by always following these simple rules:

- Use equipment under the supervision of a trained and qualified coach/instructor
- Know your limitations
- Follow progressive learning techniques.
- Always consult the coach/ instructor.

As a member of this team representing FPCS I will:

- Demonstrate and exemplify good sportsmanship, citizenship and proper conduct on or off the playing area, throughout the school and community
- Adhere to all New York State Public High School Athletic Association (NYSPHSAA), Section II, and Western Athletic Conference and FPCS District athletic regulations, policies and team training guidelines
- Abstain from the use of alcohol, drugs, tobacco, illegal use of controlled substances, or perceived athletic performance enhancers
- Meet the FPCS district academic eligibility policies
- Respect authority at all times
- Use facilities during specified and approved times only and under proper supervision while using appropriate safety equipment and procedures
- Report all injuries immediately to the coach in charge
- Be prompt for all team meetings, practices and games
- Wear school and equipment only during specified times according to the team guidelines
- Remove spikes, cleats or dirty footwear prior to entering the school, locker rooms and bus

I have read and understand and will abide all of the above regulations and procedures as well as specific team guidelines. I will follow those listed above and more specifically what is included in the "FPCS Athletic Code, Policy and Procedures" booklet.

Athlete signature & Date

Parent signature & Date

Questions or concerns about the athletic program should be directed to the coach involved first and the athletic coordinator. Thank you for your support and I wish you and your child/children a successful school year.

Charles M. Karker, Athletic Coordinator