



April 2012

## Fort Plain Jr/Sr School - Lunch

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Chicken Nuggets Nachos w/Cheese Carrots Applesauce 2	Chef Salad Italian Bread Fruit Cocktail Cake 3	Tacos Rice Corn Peaches . 4	Assorted Subs Vegetable Soup Crackers Pears 5	School Closed Good Friday 6
School closed	Spring break			
Chicken Patty Rice Pilaf Peas Pinapple 16	Baked Pasta Meatballs Green Beans Fruit Cocktail Jello 17	Hot Dogs w/Meat Sauce Tossed Salad Sauerkraut Applesauce 18	Cheeseburger French Fries Spinach Fresh Fruit 19	Pizza Buttered Pasta Broccoli Pears 20
Chicken Potluck Garlic Potatoes Mixed Vegetables Peaches 23	Grilled Cheese Tomato Soup Crackers Pineapple Frozen ShapeUp 24	Turkey and Gravy Mashed Potatoes Carrots Cranberry 25	Chicken Noodle Soup And Sandwich Veggie Stix w/Dip Apples 26	Tacos Spanish Rice Corn Fruit Cocktail Corn Bread 27
Pizza Parmesan Pasta Green Beans Pears 30		.Menu subject to change without notice	<i>Milk Served Daily</i> <i>PB&amp;J, Salads, or Yogurt/Bread, served as options to the main entree</i>	<u>Meal Prices</u> K-3 Lunch \$1.50 4-12 Lunch \$1.80 Reduced .25

### Tri-Community Health & Wellness Fair

Saturday, April 21<sup>st</sup> from 9:00-noon at the Fort Plain Jr/Sr High School

Featuring: Zumba and aerobics demonstrations, yoga classes, massages, facials, safety and wellness information, free healthy snacks and other give aways! This event is free and open to all ages. We hope to see you there!